

## Protex 2001-Structural Trousers - Self Measuring Guide

## Directions (Chest Measurement:- Measure around the chest, below the arms and across the back.)

Upon determining your chest \& waist size, cross reference the measurement (in centimetres) with the table below to establish your applicable coat size. Should your chest or waist measurement fall between two sizes, choose the larger coat size.

| COAT SIZE | S | M | L | XL | XXL | XXXL | XXXXL |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| CHEST SIZE (cm) | 97 | 102 | 107 | 112 | 117 | 122 | $>127$ |
| O/TROUSER SIZE | S | M | L | XL | XXL |  |  |
| WAIST SIZE $(\mathrm{cm})$ | 85 | 95 | 105 | 115 | 125 |  |  |

## Sizing Guidelines

1. Should a firefighters chest or waist measurements fall between two sizes, choose the next larger coat or trouser size. (ie. Person's chest measurement is 110 cm , order size XL)
2. Should a firefighter stand above 6 feet in height, choose the next larger coat size to compensate for longer arm length. (ie. Persons chest measurement indicates a coat size XL as being appropriate however if the person is 6 feet 3 inches in height, then coat size XXL should be ordered)

The structural fire coat is constructed of an outer shell of Nomex IIIA fabric, a Nomex blend lining and a 3 layer inner thermal barrier of Sontara (a woven fabric combining Nomex \& Kevlar).


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The structural fire over trouser is construction of an outer shell of Nomex IIIA fabric and a Proban treated cotton liner. The over trouser must be worn in conjunction with a approved FR station trouser Waist Measurement:Measure around the waist at the widest point. (Where you measure differs from individual to individual).

## Directions

Upon determining your waist size, cross reference the measurement (in centimetres) with the table below to establish your applicable over trouser size. Should your waist measurement fall between two sizes, choose the larger over trouser size.

| OVERTROUSER SIZE | S | M | L | XL | XXL |
| :--- | :---: | :---: | :---: | :---: | :---: |
| WAIST SIZE (cm) | $<85$ | $\mathbf{9 5}$ | $\mathbf{1 0 5}$ | $\mathbf{1 1 5}$ | $\mathbf{1 2 5}$ |

## Sizing Guidelines

1. Should a firefighters waist measurements fall between two sizes, choose the next larger size. (ie. Person's waist measurement is 110 cm , order size XL)

The structural fire over trouser is constructed of an outer shell of Nomex IIIA fabric and a Proban treated cotton liner. The over trouser must be worn in conjunction with a approved FR station trouser.

